

Public Health News Briefs



September-October 2009

STD Free Test Day – September 3

There will be a free testing clinic for sexually transmitted diseases (STD) on Thursday, September 3rd from 1 to 7 p.m. at San Juan Basin Health Department. It's free and open to anyone. STD tests provided will be for: HIV, Chlamydia, Gonorrhea and Syphilis. Appointments are preferred but walk-ins are welcome. To schedule an appointment or more information, call San Juan Basin Health at 247-5702, ext. 202.

Adults Can Support Community Youth to Thrive ~ September 10

Every adult has a role to play in creating a community where all youth can thrive. Join others in exploring the role you play in supporting positive outcomes for youth. *Thriving Youth – Filling the Bag* will provide the latest research on youth Thursday, September 10th from 6:30 to 8:30 PM at the Durango Community Recreation Center. San Juan Basin Health Department and the Lasso Tobacco Coalition are community partners in the implementation of the La Plata County Children, Youth and Family Master Plan. For more information, call 259-1247.

Seasonal Flu Vaccination Clinics begin September 18th in La Plata County

San Juan Basin Health will begin its seasonal flu vaccination clinics in September this year. The Durango office is offering its Friday Clinics beginning September 18 through October 9th. The clinics are from 10 am to 2 p.m at the Health Department in Bodo Park. These clinics are for individuals age 10 and older. Parents with children under age 10 can call 247-5702 to schedule an appointment or call their physician. See www.sjbhd.org for a schedule of community clinics, particularly at senior center sites around the county.

Seasonal Flu Vaccination Clinics in Pagosa begin September 1

San Juan Basin Health Department in Pagosa Springs will begin its Seasonal Flu Clinics on Tuesday, September 1st from 8 a.m. to 9 a.m. Individuals can come any weekday between 8 a.m. and 9 a.m. to get their seasonal flu vaccine. For more information, call 264-2409.

Lasso Tobacco Coalition Meeting Tuesday, September 15th

Lasso Tobacco Coalition is meeting on Tuesday, September 15th from 11:30 to 1:00 at San Juan Basin Health in Bodo Park. The meeting will focus on planning the future of our tobacco program locally in these economically hard times and how we might strengthen the Colorado Clean Indoor Air Act in Durango. Lunch is provided. To RSVP or for more information, please contact 247-5702, ext. 227.

Interpreter Orientation Offered September 24-25

La Plata Unity Project is offering a two-day interpreter orientation Sept 24 & 25. This training is recommended for bilingual employees who perform language interpretation as part of their job. Space is limited. For more information or to register, please email: contact@laplataunity.org.

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Health Screening for Latino Adults September 26th

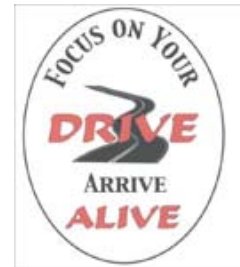
Promoviendo La Salud will be offering a health screening for Latino adults at Sacred Heart Church parish hall on Saturday, Sept. 26 from 8 to 11 AM. A \$15 donation is suggested. Screenings include blood pressure, height/weight/BMI, pulse oximetry and a blood test for glucose and cholesterol. Clients must fast 10-12 hours prior to the test for accurate results. For more information, please call 247-5702, ext. 207.

Girls Circle Group on Tuesdays

The DRAGON Youth Project at San Juan Basin Health Department is offering a free Girls Circle group every Tuesday from 4 to 5:30 pm at Durango Joe's on College Drive for girls ages 13-16. Girls Circles are structured support groups for adolescent girls that promote resiliency, confidence, and connection while addressing risky behaviors in a safe space. Please contact Kendra Gallegos Reichle at (970) 247-5702, ext. 225 for more information. ***Check it out on Facebook!! Search: Girls Circle Durango***

PSA Contest to Combat Distracted Driving ~ Deadline September 25

Four Corners Broadcasting is conducting a contest for local youth to create a radio a Public Service Announcement about distracted driving. It's open to ages 11-18. Individuals should write an exact 30 or 60 second script using information from the recently created Injury Prevention Coalition's informational card. PSAs can include: sound effects, music, slice of life stories, and humor. Go to radiodurango.com for more information. Prizes include a laptop computer from Connecting Point and Durango Dollars.



Free Focus on Your Drive Presentations Continue

San Juan Basin Health Department's Injury Prevention Coalition is continuing its ***Focus on Your Drive, Arrive Alive*** campaign with new full color info cards available as well as free presentations for community groups, schools, or employers. Please call 247-5702, ext. 228 for a pack of these info cards, presentation dvd or to schedule a presentation.

Free Screenings for Senior Citizens Continue this Fall

The Senior Outreach program continues provided free screenings to our senior citizens. A nurse will test blood pressure, temperature, heart rate, oxygen level, and blood glucose level.

Second Thursday of Each Month (September 10, October 8)

10:45 to 12 Noon at: Durango/La Plata County Senior Center

Third Thursday of each month in Ignacio (September 17, October 15)

10:45 to 12 Noon at: The Ignacio Senior Center

First Friday of Each Month in Bayfield

10:45 to 12 Noon at: Pine River Valley Senior Center at Bayfield (Sept. 4, Oct. 2)

New Clinic Provider for Promoviendo La Salud

Promoviendo La Salud welcomes Jan Wolvin, NP, as the new clinical provider for our program. Jan will see clients 2-3 evenings per month in our chronic disease management clinic. Clinic visits are by appointment only, and reserved for pre-screened, uninsured Promoviendo La Salud clients. For more information, contact Karen at 247-5702, ext. 207.

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Local Latino Health Survey Completed

Promoviendo la Salud recently completed a behavioral health survey of over 200 Latino adults in La Plata and Archuleta Counties. The survey includes questions about diet, exercise habits, tobacco and alcohol use, and understanding of disease prevention. Excerpts and summaries from the report are available. For more information, please call Karen at 247-5702, ext. 207.

Neighborhood Day – September 20th

Strong communities arise from strong neighborhoods. Durango, Ignacio and La Plata County have all signed National Neighborhood Day proclamations and encourage you to plan a simple gathering in your own neighborhood this year – such as block parties, service projects, children's games, harvest potlucks, and food drives. Check out the www.neighborhoodday.org website. The Children, Youth and Family Master Plan recommends these celebrations as a way toward achieving the Neighborhood and Community vision: Everyone contributes - Every place safe - Everyone belongs - Welcome Home! Please send notice of your event to lpatters@frontier.net.

Only YOU Can Prevent the Flu - H1N1 Resources Available

Only YOU Can Prevent the Flu local posters are available for your business or organization. Contact Jane at 247-5702, ext. 1605 or jlooney@sjbhd.org. Below are key, continually updated resources for you to use and pass on to others.

H1N1 RESOURCES

1. flu.gov – CDC website
2. cdphe.state.co.us/epr/H1N1.html - Colorado Department of Public Health and Environment H1N1 website is an informative, frequently updated site where you can also sign up to receive emails any time there's an H1N1 update
3. www.sjbhd.org – San Juan Basin Health Department's website includes media releases, direct link to CDC and Health and Human Service Flu sites, and a H1N1 Resource page with FAQs, posters, factsheets, podcasts, and links to credible websites
4. **CoHELP - 1-877-462-2911** Colorado's Help Line with toll free live operators answering questions about flu and H1N1

Additionally, Ready Colorado – readycolorado.com - has excellent information on home and business emergency preparedness.

Media Stories about Gardasil and HPV

There has been a significant amount of media coverage in the past month on the safety profile of Gardasil®, a HPV (human papillomavirus) vaccine. In response, the US Food and Drug Administration (FDA) and the Centers for Disease Control and Prevention (CDC) reaffirmed in a statement that "based on the review of available information by FDA and CDC, Gardasil continues to be safe and effective, and its benefits continue to outweigh its risks."

www.fda.gov/BiologicsBloodVaccines/SafetyAvailability/VaccineSafety/ucm179549.htm

Employment Opportunities

Please check our website www.sjbhd.org for up-to-date job opportunities.

Contact Information for Public Health News Briefs:

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