



I'm also known as...

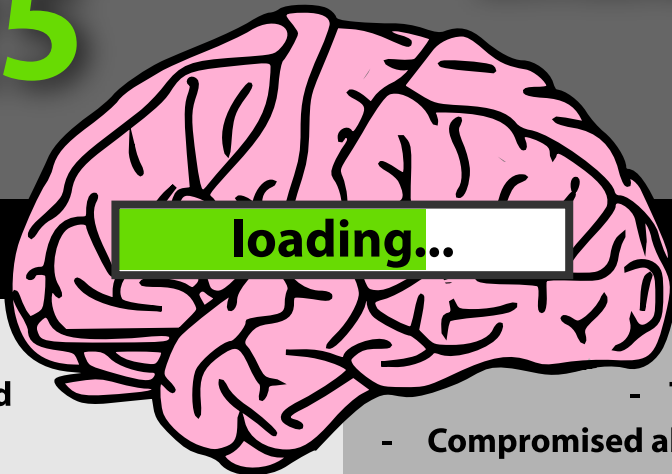
weed  
pot  
dope  
ganja

## Pot's Lasting Effects

The human brain isn't fully mature until the age of

25

When pot is consumed while the brain is still growing, there can be short and long term effects<sup>1</sup>



### short term

- Loss of coordination and balance
- Impaired ability to form new memory
- Difficulty learning new things
- Impaired driving skills
- Lack of motivation
- Poorer decision-making skills

### long term

- Lowered IQ
- Tar-covered lungs
- Compromised ability to do complex tasks
- Lowered long-term life goals
- Increased risk of chronic cough and bronchitis
- Impaired sleep when unable to use pot



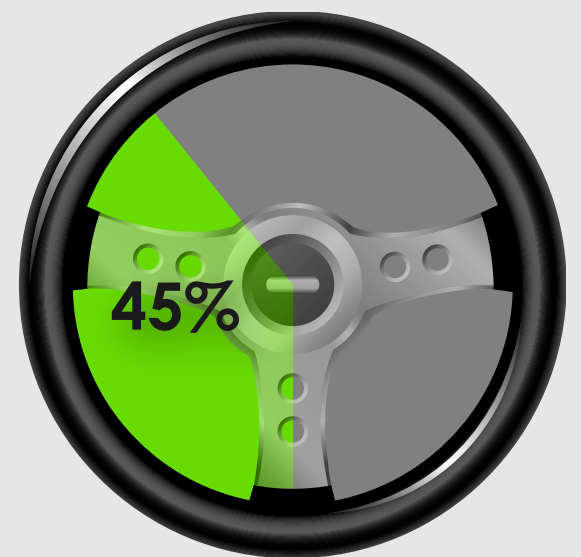
## Colorado's New Marijuana Law<sup>2</sup>

Is it legal to...	under 21	21 & over
smoke or possess pot?		
drive under the influence of pot?		
smoke pot in public?		
grow pot?		

= illegal = legal

## Driving Under the Influence:

Research shows that drivers on pot have slower reaction times, impaired judgement, problems responding to signals and sounds, and impaired motor coordination.

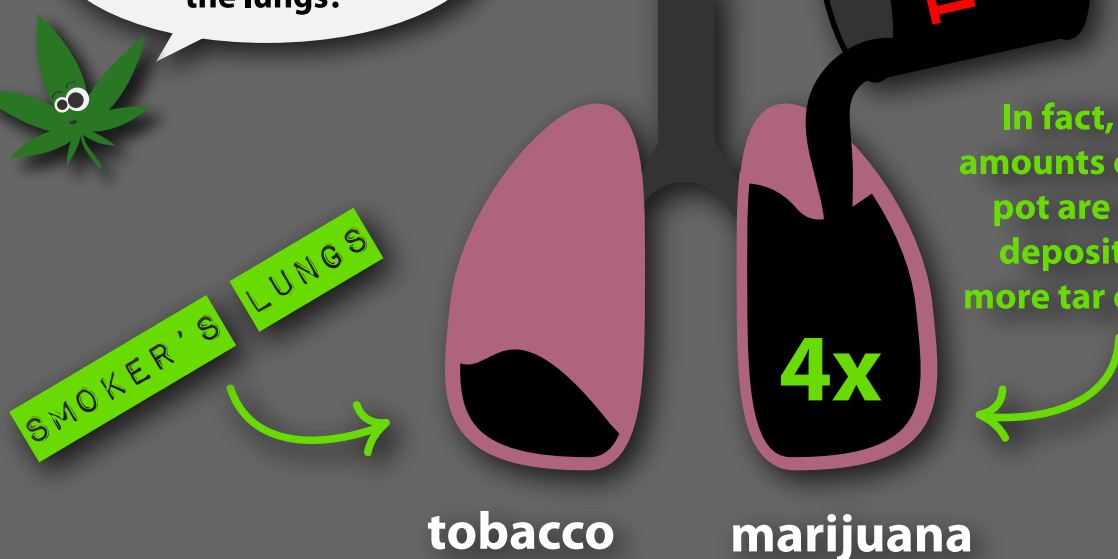


A roadside study of reckless drivers, who were **not** impaired by alcohol, showed that

**45%**  
tested positive for pot<sup>4</sup>.

## Tar You Say?

Did you know that pot smoke deposits tar on the lungs?



In fact, when equal amounts of tobacco and pot are smoked, pot deposits four times more tar onto the lungs<sup>3</sup>

SAN JUAN BASIN  
**HEALTH**  
DEPARTMENT



www.sjbhd.org/  
celebrating-healthy-communities

1. <http://www.drugabuse.gov/publications/drugfacts/marijuana>
2. [www.colorado.gov/marijuana](http://www.colorado.gov/marijuana)
3. <http://www.lung.org/associations/states/colorado/tobacco/marijuana.html>
4. Brookoff, Daniel, Charles S. Cook, Charles Williams, and Calvin S. Mann. "Testing Reckless Drivers for Cocaine and Marijuana," *New England Journal of Medicine*.